

I. COURSE DESCRIPTION:

This course builds on the knowledge and skills gained in Skin Care Practical Lab I. It introduces the student to the benefits and uses of electrotherapy during professional skin care treatments. In particular, students will demonstrate the safe and appropriate use of the facial steamer, Lucas spray, brushing machine, high frequency and galvanic current procedures. Emphasis will be placed on advanced exfoliation treatments using Alphahydroxy Acid treatments as well as, advanced mask procedures. The student will also learn to incorporate a professional facial massage treatment into each advanced skin care procedure.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Employ the safe and appropriate use of electrotherapy equipment including the facial steamer, Lucas spray, brushing machine, vacuum/spray unit, high frequency and galvanic procedures including iontophoresis and desincrustation.

Potential Elements of the Performance:

- Identify skin types, their characteristics, treatment concepts and contraindications.
- Identify skin conditions, characteristics, treatment concepts and contraindications
- Identify contraindications to any electrotherapy procedures
- Discuss benefits to applying electrotherapy treatments to the skin
- Employ proper sanitation, disinfection and sterilization procedures for all electrotherapy equipment

2. Perform an advanced facial treatment for mature/aging skin, acneic skin and sensitive skin conditions.

Potential Elements of the Performance:

- Conduct a client consultation and skin analysis
- Identify characteristics of aging, acneic and sensitive skin conditions, treatment concepts and contraindications to treatments
- Employ the safe and appropriate use of electrotherapy procedures
- Identify intrinsic and extrinsic factors which may lead to or worsen any of these skin conditions
- Perform a facial massage treatment
- Apply suitable NatureMed products which benefit each skin condition including cleansers, tonic lotions, exfoliation treatments, masks and moisturizers and treatment creams
- Demonstrate the safe and proper extraction technique
- Employ proper sanitation, disinfection and sterilization procedures
- Complete a facial record

3. Perform an advanced skin care treatment incorporating an Alphahydroxy acid exfoliation treatment.
Potential Elements of the Performance:
 - Differentiate between a mechanical and chemical exfoliation
 - Differentiate between exfoliation treatments and peels
 - Identify contraindications to chemical exfoliation treatments
 - Identify benefits of chemical exfoliation treatments for each skin type and particular skin conditions
 - Explain the source of ingredients in Alphhydroxy Acid

4. Demonstrate the proper technique for extracting comedones.
Potential Elements of the Performance:
 - Identify open and closed comedones
 - Demonstrate proper set up procedures
 - Employing safe and sanitary procedures while performing extractions

5. Demonstrate a standard facial massage technique for the face, neck and décolleté areas.
Potential Elements of the Performance:
 - Demonstrate the 5 basic massage movements and their effects/benefits for particular skin types
 - Identify muscles and nerve points of the face, neck and décolleté
 - Perform the facial massage for 10-12 minutes during each advanced facial treatment
 - Employ proper techniques, pressure, speed, flow and contact with the skin

6. Provide an advanced skin care treatment for men.
Potential Elements of the Performance:
 - Conduct a client consultation and skin analysis
 - Identify characteristics of men's skin, treatment concepts and contraindications to treatment
 - Employ safe and appropriate electrotherapy treatments
 - Demonstrate the safe and proper extraction technique
 - Demonstrate a standard facial massage treatment
 - Knowledge of NatureMed product line
 - Demonstrate proper sanitation, disinfection, and sterilization methods
 - Complete a facial record

7. Incorporate advanced mask procedures into any advanced facial treatment.
Potential Elements of the Performance:
 - Prepare and apply advanced masks such as clay, paraffin and thermal applications
 - Identify benefits
 - Identify contraindications

III. TOPICS:

1. Electrotherapy
2. The Facial Massage
3. Alphahydroxy Acid Exfoliation Treatments
4. Extractions
5. Advanced Mask Procedures
6. Treatment Concepts for Aging, Acneic and Sensitive Skin Types
Skin Treatments for Men

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Same as Semester One

V. EVALUATION PROCESS/GRADING SYSTEM:

The following semester grades will be assigned to students in post-secondary courses:

Tests and Quizzes – 80%

Assignments – 20%

In order to be successful in this course the student will have attended 80% of all Practical Lab II classes. This amounts to a minimum of 72 supervised lab hours. Failure to do so will result in an F grade regardless of grades attained throughout the semester. Please note, 1% per class missed will be deducted from students final grade.

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 – 100%	4.00
A	80 – 89%	3.00
B	70 - 79%	3.00
C	60 - 69%	2.00
D	50 – 59%	1.00
F (Fail)	49% and below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	

X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.
NR	Grade not reported to Registrar's office.
W	Student has withdrawn from the course without academic penalty.

Note: For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

VI. SPECIAL NOTES:

Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your professor and/or the Special Needs office. Visit Room E1101 or call Extension 2703 so that support services can be arranged for you.

Retention of Course Outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other post-secondary institutions.

Communication:

The College considers **WebCT/LMS** as the primary channel of communication for each course. Regularly checking this software platform is critical as it will keep you directly connected with faculty and current course information. Success in this course may be directly related to your willingness to take advantage of the **Learning Management System** communication tool.

Plagiarism:

Students should refer to the definition of "academic dishonesty" in *Student Code of Conduct*. Students who engage in "academic dishonesty" will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Course Outline Amendments:

The professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the professor. Credit for prior learning will be given upon successful completion of a challenge exam or portfolio.

VIII. DIRECT CREDIT TRANSFERS:

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Chair's secretary. Students will be required to provide a transcript and course outline related to the course in question.